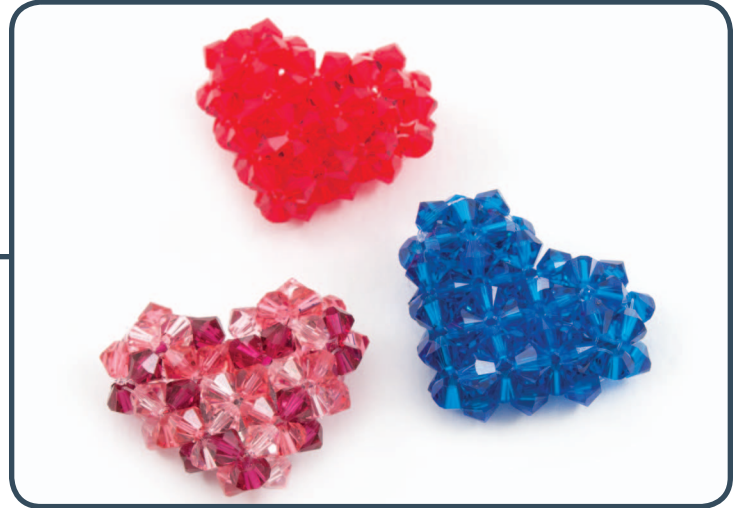


MATERIALS:

- 68 | 4 mm bicone beads
- 150 cm | Nylon fish line
- ... | Scissors
- ... | *BeadFix* glue
- 1 | Twizzer (optional)
- 1 | Beading awl (optional)



Preparation:



1- Choose the color of your beads.

1



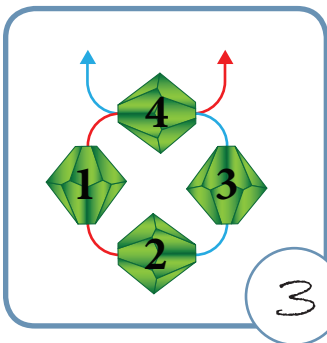
2- Choose the type, color and size of thread you want to work with. It is recommended to use 6 lbs clear fishing thread. Measure and cut a length of 50 cm. If you decide to work with another type of thread, you can use flexible needles to facilitate threading your beads.

2



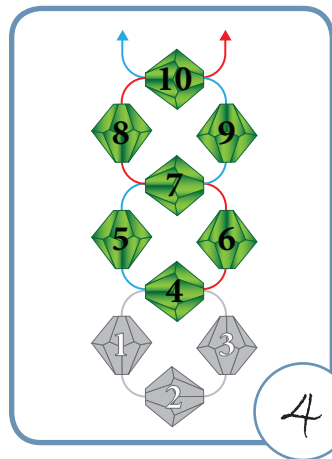
Mark each ends of the thread with a different color of permanent ink marker so you can easily follow our illustrations. If you only have one color, still mark one of the end of your thread. It is also recommended to straighten the thread either by stretching it from one end to the other with flat nose pliers or by running the thread over steam.

Threading:



3- Insert 4 beads and put them at the center of the thread. Cross the ends of the thread into bead 4. Make sure that this first pattern is well centered on your thread. Place the blue thread on the left and the red one on the right, as illustrated.

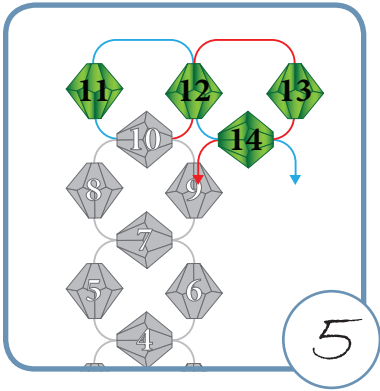
3



4- Add beads 5 and 6 and cross the threads into bead 7. Add beads 8 and 9 and cross the threads into bead 10.

4

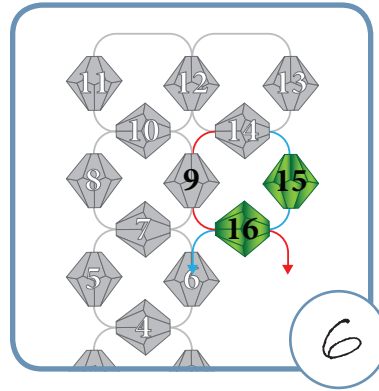




5- Add beads 11 and 12 on the blue thread and cross the threads into bead 12. Add beads 13 and 14 on the red thread and cross the threads into bead 14.

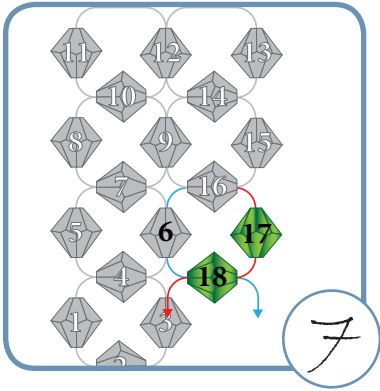
Every now and then, make sure that the threads are positioned as shown on the illustrations.

5



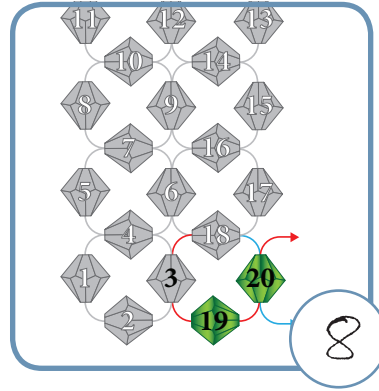
6- Insert the red thread in bead 9 threaded earlier. Add beads 15 and 16 on the blue thread and cross the threads into bead 16.

6



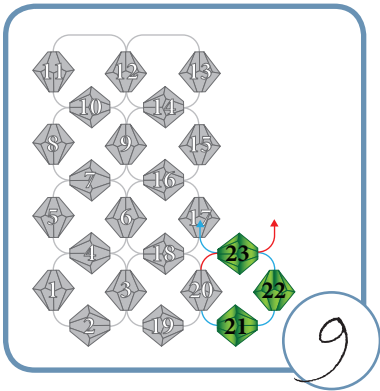
7- Insert the blue thread in bead 6 threaded earlier. Add beads 17 and 18 on the red thread and cross the threads into bead 18.

7



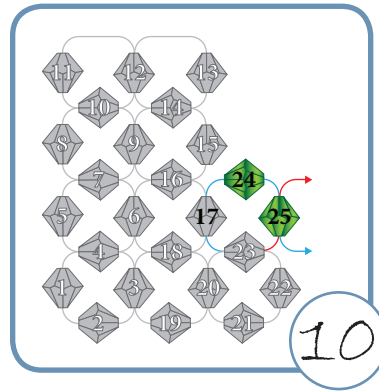
8- Insert the red thread in bead 3 threaded earlier. Add beads 19 and 20 on the red thread and cross the threads into bead 20.

8



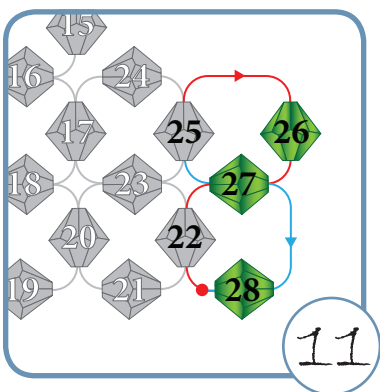
9- Add beads 21, 22 and 23 on the blue thread and cross the threads into bead 23.

9



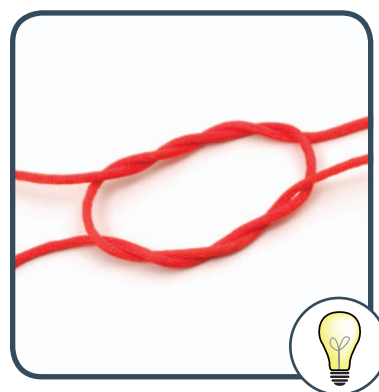
10- Insert the blue thread in bead 17 threaded earlier. Add beads 24 and 25 on the blue thread and cross the threads into bead 25.

10



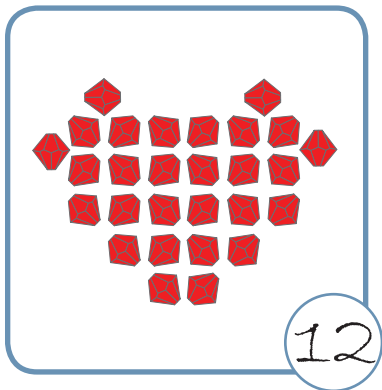
11- Add beads 26 and 27 on the red thread and cross the threads into bead 27. Insert the red thread in bead 22 threaded earlier, and add bead 28 on the blue thread. Where the threads meet, make 2 double flat knots and add a drop of BeadFix glue using a loop knot pin or a needle. Cut off the excess thread.

11



The flat knot is a standard knot. You just need to insert the threads a second time in the loop in order to make a double flat knot.

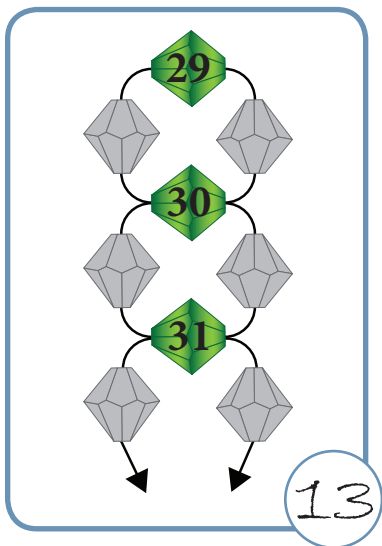




12- Repeat steps 3 to 11 in order to make a second heart.



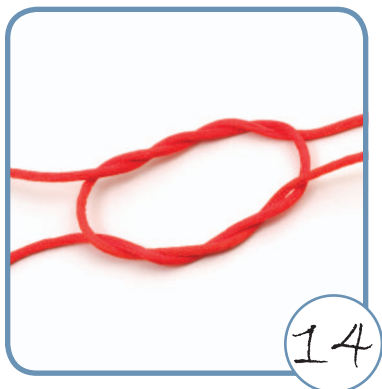
Finishing:



13- Measure and cut 50 cm of thread. Place both hearts back to back. Hold them with one hand, positioning the middle division of the hearts towards you.

Insert the thread in one of the beads forming the outline of the first heart, making sure to go between both hearts. Add a new bead and insert the thread in the bead located at the same place on the second heart, in a symmetrical manner. Center your project on the thread.

Add another bead, in which you will cross the two threads so that both hearts are sewed together. Insert each thread back into the beads forming the outline of both hearts, adding one bead each time, as shown on the illustration. Continue this all the way around the outline of the heart. In all, you will thread on 12 new beads to make the outline of the heart.



14- Make sure to cross the threads again in the first bead you threaded in this finishing step. Make 2 double flat knots and add a drop of BeadFix glue using a loop knot pin or a needle. Cut off the excess thread.

